Sexting is when someone sends or receives a sexually explicit text, image or video on their mobile phone, usually in a text message.

When people talk about sexting, they usually refer to sending and receiving:

* naked pictures or 'nudes'
* underwear shots
* sexual or 'dirty pics'
* rude text messages or videos.

They can be sent from a friend, boyfriend, girlfriend or someone you've met online. You might have also sent a sexual photo, video or text to someone else.

The links below give information and guidance on sexting

[www.disrespectnobody.co.uk](http://www.disrespectnobody.co.uk)

[www.childline.org.uk/Play/GetInvolved/Pages/sexting-zipit-app.aspx](http://www.childline.org.uk/Play/GetInvolved/Pages/sexting-zipit-app.aspx)

[www.childnet.com/ufiles/So%20you%20got%20naked%20online.pdf](http://www.childnet.com/ufiles/So%20you%20got%20naked%20online.pdf)

[www.thinkuknow.co.uk/oldparents/Nude-Selfies-What-parents-and-carers-need-to-know/](http://www.thinkuknow.co.uk/oldparents/Nude-Selfies-What-parents-and-carers-need-to-know/)

[www.nspcc.org.uk/preventing-abuse/keeping-children-safe/sexting/](http://www.nspcc.org.uk/preventing-abuse/keeping-children-safe/sexting/)

[www.childline.org.uk/explore/onlinesafety/pages/sexting.aspx](http://www.childline.org.uk/explore/onlinesafety/pages/sexting.aspx)

[www.childnet.com/young-people/secondary/hot-topics/sexting](http://www.childnet.com/young-people/secondary/hot-topics/sexting)

[www.nspcc.org.uk/preventing-abuse/keeping-children-safe/sexting/?utm\_content=buffer4a8f8&utm\_medium=social&utm\_source=twitter.com&utm\_campaign=buffer](http://www.nspcc.org.uk/preventing-abuse/keeping-children-safe/sexting/?utm_content=buffer4a8f8&utm_medium=social&utm_source=twitter.com&utm_campaign=buffer)